$L^* = 100 (Y / 100)^{1/2,0}$ adaptation on surround gray: $L^* = 100 (Y / 100)^{1/2,4}$ description with CIELAB 1976:

lightness L* and tristimulus value Y
adaptation on surround white:

 $L^* = 116 (Y/100)^{-1/3,0} - 16$ adaptation on surround black: $L^* = 100 (Y/100)^{-1/3,0}$

sensation scaling functions