

$$\begin{aligned}
 V_a &= 10[(\log M_o + \log L_o)/2] & M_o &= 10(-0,35[u_\lambda - u_{545}]^2) \\
 V_d &= 10[(\log M_o - \log L_o)/2] & L_o &= 10(-0,35[u_\lambda - u_{570}]^2) \\
 P_a &= 10[(\log V_a - 2[\log V_d])] & P_o &= 10(-0,35[u_\lambda - u_{532}]^2) \\
 O_a &= 10[(\log V_a + 2[\log V_d])] & O_o &= 10(-0,35[u_\lambda - u_{582}]^2)
 \end{aligned}$$

